



CITY OF SAN BRUNO  
COMMUNITY SERVICES DEPARTMENT  
**SAN BRUNO SENIOR CENTER**



1555 Crystal Springs Road, San Bruno, CA 94066 -- 650-616-7150

Hours: 8:00am - 4:00pm -- Monday - Friday

<http://www.sanbruno.ca.gov>

**April 2010**



- April 2nd** FRIDAY - 9:30 MOVIE: "The Blind Side" Academy Award performance for Sandra Bullock
- April 4th** SUNDAY - LINE DANCE WITH TINA & JEANETTE CANCELLED FOR EASTER
- April 6th** TUESDAY LUNCH PARTY 10:30 - 12:30 with "Have A Party Pros" - Dance Music. Lunch is Catered by Lidia's Italian Delicacies Every Tuesday
- April 7th & April 28th** WEDNESDAYS - 9:30 - 10:30 BRAIN FITNESS - Lively, interesting and entertaining conversation and games that help you maintain great health. Facilitated by staff.
- April 7th** WEDNESDAY - FREE MENS HAIRCUTS 3:00 - 5:00 pm (This service is for current - 2010 - Senior Center Members)
- April 8th** THURSDAY - 9:30 - 11:30 GAME TIME!! Sign up at the reception desk if you're interested in playing Scrabble, Canasta or Dominoes! We'll provide the games. No instruction....just a group of people who like to play the same games.
- April 9th** FRIDAY - The Senior Center is CLOSED due to the City of San Bruno Furlough.
- April 12th - May 17th** MONDAYS 8:30 - 9:30 am ARTHRITIS FOUNDATION EXERCISE PROGRAM with Kathy Schmidt, Certified Arthritis Exercise Facilitator. This comprehensive exercise program will improve your flexibility, strength and range of motion. Pre-register at the reception desk for the complete 6-week program (\$18) or drop-in for \$5 per class.
- April 13th** SECOND TUESDAY - Blood Pressure/Glucose Screening 9:30 - 11:00
- April 14th** WEDNESDAY - EYEGLOSS REPAIR / HEARING AID CLEANING 10:00 - Noon
- April 14th & 16th** WEDNESDAY & FRIDAY - AARP-SPONSORED DRIVER SAFETY CLASS \$12 AARP Members or \$14 for Non-AARP Members. Pre-register at the reception desk.
- April 16th** FRIDAY 10:30 - NOON - Assemblymember Jerry Hill sponsors a Seniors Against Investment Fraud (SAIF) presentation to alert and educate our community about investment and telemarketing fraud crimes and how to avoid being victimized by scam artists. The presentation begins at 10:30 and ends with a catered lunch. Requested Donation for lunch: \$3 or one coupon.
- April 21st** WEDNESDAY - SPRINGTIME PARTY!! CELEBRATE with the "Bob Gutierrez Band" and a Chicken Cacciatore Lunch - Requested Donation: \$5 advance / \$6.50 at the door.
- April 21st** WEDNESDAY - FREE MENS HAIRCUTS 3:00 - 5:00 pm (This service is for current - 2010 - Senior Center Members)
- April 23rd** FRIDAY ZUMBA GOLD FUN WITH KATHY SCHMIDT 10 AM - Special introductory class! Also - check out Kathy's regularly scheduled ZUMBA GOLD class on Monday mornings at 9:45.
- April 23rd** FRIDAY - 11 am Sing Along to favorite tunes with Diana on vocals and Jay on piano
- April 23rd** FRIDAY - 1:30 pm Ping Pong open play for everyone! 
- April 24th** SATURDAY - 7-10 pm ELVIS SHOW AND DANCE PARTY WITH MANNY. A One Hour Elvis Show followed by Manny singing all kinds of songs for your dancing pleasure. Tickets: \$10 Advance; \$12 at the door: includes light snacks & cash bar.
- April 28th** WEDNESDAY - Wii BOWLING ! 10:30 - Noon Open Play for everyone. 
- April 30th** LAST FRIDAY - Blood Pressure/Glucose Screening 9:30 - 11:00

**COMING IN MAY 2010**

Mother's Day Party (May 5th) Happy Hour/Silent Auction (May 14th) Step Out for Seniors (May 21st)